

PERPETUAL WELLBEING



People make or break a business. And that's part of the reason why automation and artificial intelligence are so appealing. People are fallible, yes, even you, on a bad day - especially if work and personal pressures are at an unsustainable level. So now more companies are looking at ways to mitigate risk, but also to be more engaging, likeable and trusted by customers, partners and their own people.

The Perpetual Wellbeing programme is design to help companies understand current levels of stress, its causes and how to improve mental wellbeing. It can be used to support employee experience and engagement programmes but also to guide training, personal development, re-engineering business process, tools and support change initiatives. It's about knowing your people, what they move towards, rather than back away from, what makes them tick, and so how to motivate them.

An opening workshop helps companies identify and prioritise concerns and opportunities. The concerns include negative traits such as industry specific suicide rates, absenteeism or poor decision making. Opportunities could be how to invigorate innovation, knowledge share or to enlist support for a major change programme.

The assessment is in two parts: the first produces insight into the types of personalities working in different roles and functions. The second identifies levels and causes of stress based on the participant's profile. The data can then be used to produce heat maps that bring evidence to areas of concern or focus for development.

The collection and use of personal data give the programme the ability to produce great results for everyone concerned, but this doesn't mean we take the issues of personal data any less seriously. Participants are protected at every step of the way. They will not be personally identified through direct triangulation of data. They do however receive a personalised insight into their individuality - how it affects their personal stress, as well as how they can affect others.

If you would like to find out more

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Looking after your people and your company :)